

# Apply now for 2025!



FACE-TO-FACE EVENT FROM

3-6 JULY IN BRUSSELS, BELGIUM

FROM JUNE TO OCTOBER | ONLINE AND IN PERSON

Empowering Young Advocates: Shaping the Future of  
Digital Health and AI

## WHO IS IT FOR?

Young patients with a chronic and/or lifelong illness/condition who are or are not affiliated with a patient organisation.

Young employees or volunteers of a patient organisation.

QUESTIONS? GET IN TOUCH VIA [STYPA@EU-PATIENT.EU](mailto:STYPA@EU-PATIENT.EU)

BROUGHT TO YOU BY



16th  
March

DEADLINE



STYPA is an exciting and unique opportunity offering a tailored, high-quality course for young patients or representatives of young patients, providing the space to dive deeper into the important topic of [Digital Health and AI](#).

#### SOME OF THE AIMS INCLUDE:

- Enhancing awareness of the transformative potential of Digital Health and AI in healthcare
- Fostering understanding of ethical and social challenges associated with digital health and data use
- Equipping young patient advocates with practical knowledge on data governance, digital health tools and AI applications.

## APPLY HERE

*\* Please note that EPF will cover travel and accommodation for all accepted participants in the course*

### PHASE 1

All accepted applicants\* must first complete the [Advocacy 101 Online Course](#) to gain a good base knowledge of patient advocacy before moving on to the more advanced content of STYPA 2025.

### PHASE 2

Introduction, through a webinar, with all the accepted participants in June 2025.

### PHASE 3

Face-to-face event in Brussels, Belgium on 3, 4, 5. 6<sup>th</sup> July 2025. At this event patients will have the opportunity to openly discuss the topic, through workshops, presentations and interactive activities, guided by the STYPA trainers, EPF staff, and expert speakers.

### PHASE 4

All participants will be split into teams, tackling challenges based on real life issues.

### PHASE 5

Closing ceremony celebration, where a competition will take place to see which team has advanced the most in the challenges.

# Frequently Asked Questions



[When will I hear back on the outcome of my application?](#)

Following the application deadline, the selection committee will take some time to review all of the applications. You can expect to wait at least one month after the application deadline before you hear any news.

[Do I need any prior experience before applying for the training?](#)

No you do not need any prior experience in AMR or Patient Advocacy.

[Do I need to prepare anything/research anything before I arrive in Brussels?](#)

All that we ask is that participants complete the Advocacy 101 course as well as attend the preparation webinar.

[Will I have to pay anything myself to attend?](#)

EPF will book your flight and hotel prior to the training. You do not need to pay upfront for anything, and the course is free of charge.

[Do I have to share a room?](#)

Each participant is given their own private room and bathroom. The only exception to this is if the person requires a PA.

[I get tired very frequently, can I take breaks?](#)

We will take frequent breaks during the day, and as the training will take place in the same hotel you will be staying in, you are welcome to rest when you need to.

[Will you be able to accommodate my accessibility needs?](#)

Please communicate to us clearly any accessibility needs in your application and we will do our utmost to accommodate these.