



Университет
за пациенти



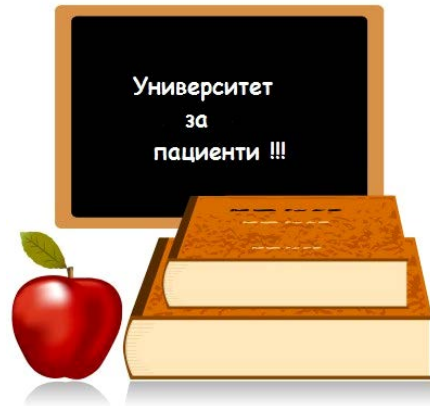
National
PATIENTS' ORGANIZATION

“Patients’ University”



Why is this program important?

- 👤 The number of patients suffering from chronic diseases is increasing






- 👤 Very rarely patients receive the necessary education on their condition and how to manage their treatment and medication intake

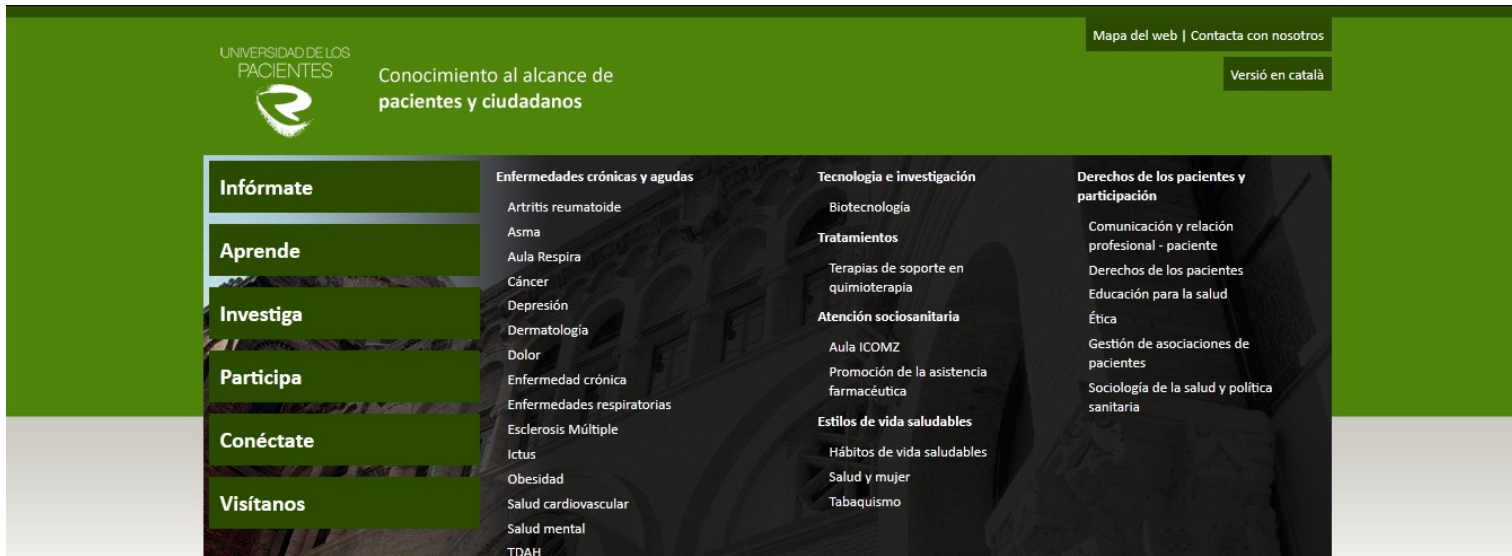
- 👤 Non-compliance to set therapies leads to adverse effects in one's treatment

- 👤 Non-compliance to therapy also leads to significant financial losses to the person and the state's health budget



The model from Spain

-  The program was first developed by the Spanish Patients' Forum
-  Financed by the Catalan government
-  The program has been in place in the past several years



The screenshot shows the homepage of the UPacientes website. At the top left is the logo for 'UNIVERSIDAD DE LOS PACIENTES' with the tagline 'Conocimiento al alcance de pacientes y ciudadanos'. On the top right, there are links for 'Mapa del web | Contacta con nosotros' and a 'Versió en català' button. The main content area is divided into several columns. On the left, there is a vertical navigation menu with buttons for 'Infórmate', 'Aprende', 'Investiga', 'Participa', 'Conéctate', and 'Visítanos'. The central part of the page features a grid of categories: 'Enfermedades crónicas y agudas' (listing Artritis reumatoide, Asma, Aula Respira, Cáncer, Depresión, Dermatología, Dolor, Enfermedad crónica, Enfermedades respiratorias, Esclerosis Múltiple, Ictus, Obesidad, Salud cardiovascular, Salud mental, TDAH), 'Tecnología e investigación' (listing Biotecnología), 'Tratamientos' (listing Terapias de soporte en quimioterapia), 'Atención sociosanitaria' (listing Aula ICOMZ, Promoción de la asistencia farmacéutica), 'Estilos de vida saludables' (listing Hábitos de vida saludables, Salud y mujer, Tabaquismo), and 'Derechos de los pacientes y participación' (listing Comunicación y relación profesional - paciente, Derechos de los pacientes, Educación para la salud, Ética, Gestión de asociaciones de pacientes, Sociología de la salud y política sanitaria).

Videos



Novedades en salud

- ▶ Se pone en marcha el Aula Fundación Grünenthal de Dolor dirigida a pacientes con dolor crónico
Se pone en marcha el Aula Fundación Grünenthal de Dolor dirigida a pacientes con dolor crónico
- ▶ La Fundación Amgen apoya los programas de calidad en atención y formación científica en España
- ▶ Día Mundial del Parkinson
- ▶ 6 de abril de 2012 – Día Mundial de la Actividad Física

 **Votos: 5**
Premios de Internet 2012

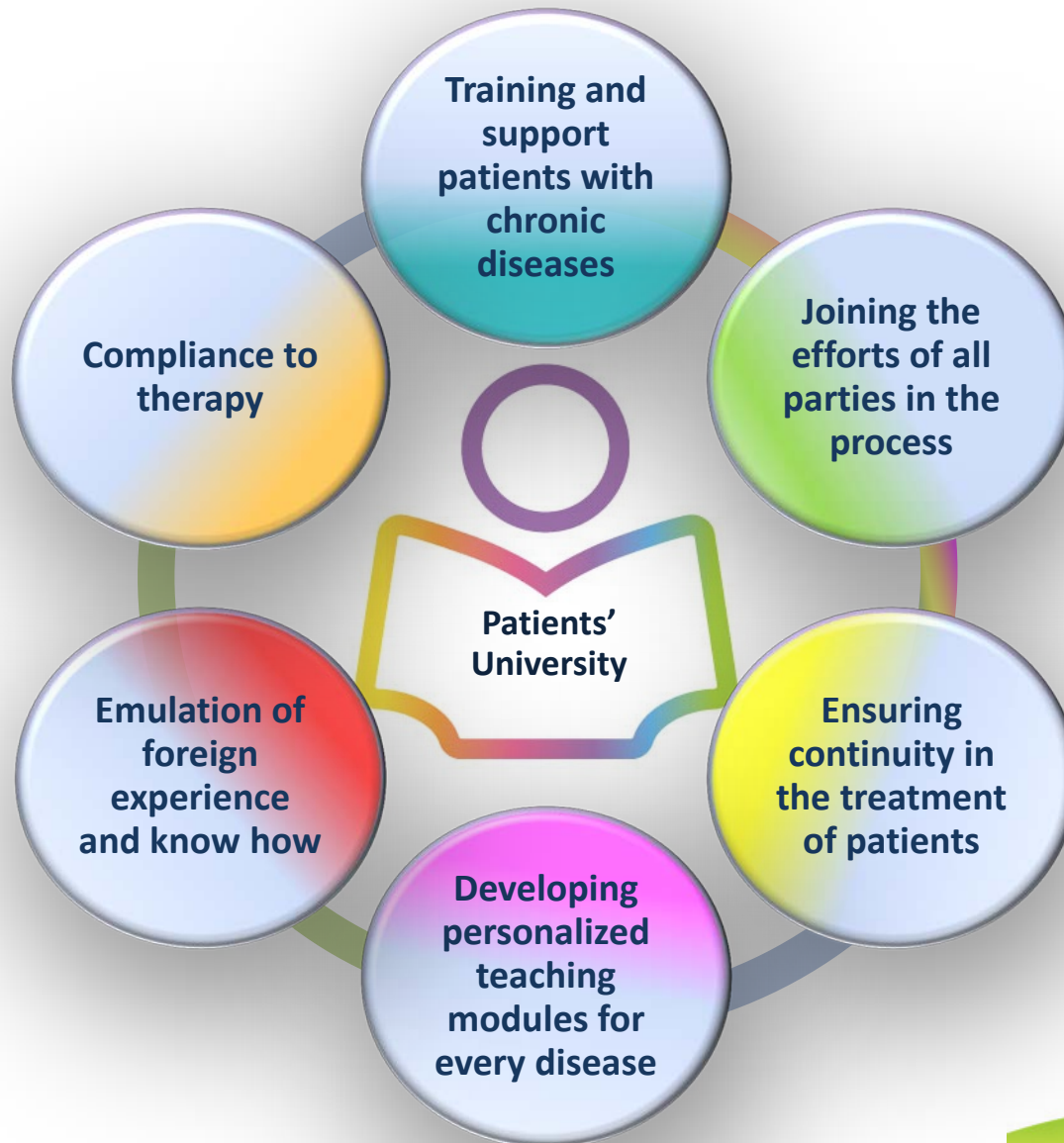


UPacientes Ya está disponible el video Actúa ante el dolor, que no te frene, del Aula Fundación Grünenthal de Dolor de la UP, bit.ly/Kab4V3
9 days ago · reply · retweet · favorite






UPacientes Participamos en «Tomaosera (Todos CEP)» en un



Goal of the program “Patients’ University”



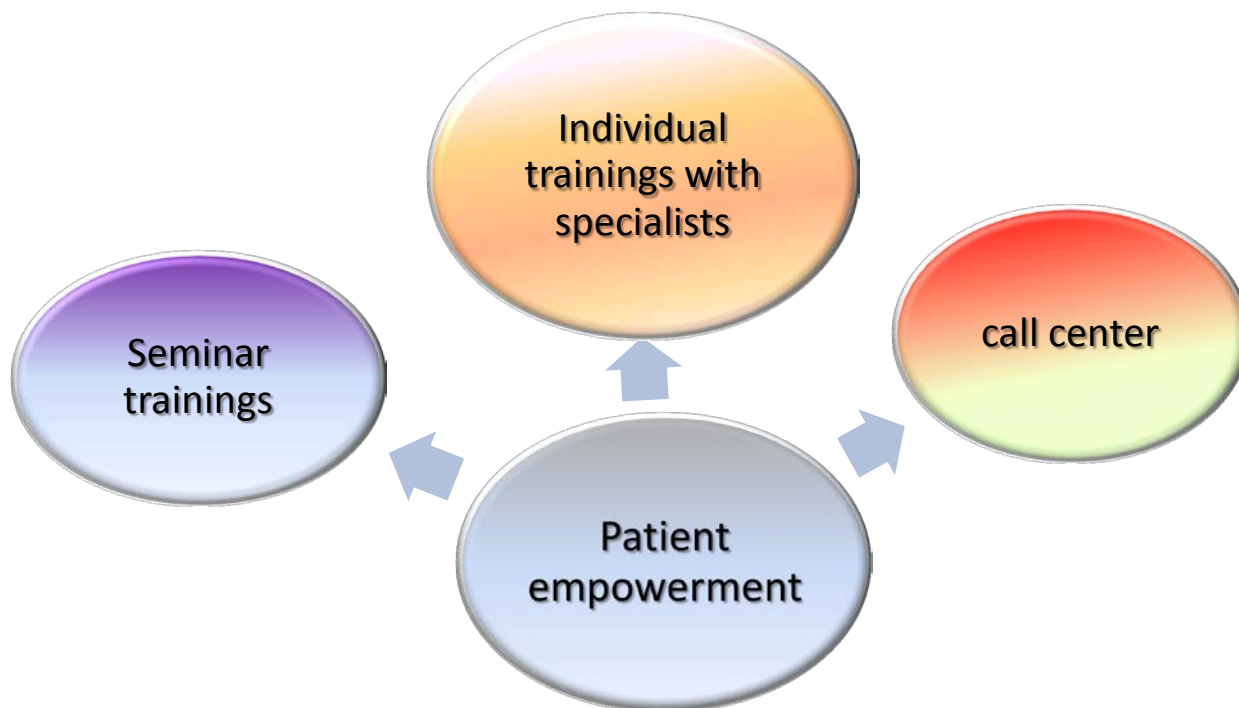
What is so unique in this program

-  Achieving an effective dialogue with the patient
-  The patient will have the opportunity to be trained by a fellow patient with a similar condition – emotional support
-  The project allows for the integration of various stakeholders for the duration of the treatment
-  Training leads to improved adherence
-  The program aims to improve patients' self control and discipline in managing their condition



Същност на програмата “Университет за пациенти”

- 👤 Long-term program developed by the NPO
- 👤 Involvement of patient organizations in trainings and tracking patients' improvement
- 👤 One Faculty per disease – each course is tailored specifically for the needs of the patients



Website (available only in Bulgarian)

Университет за пациенти *Знанието е здраве!*

КАРТА НА САЙТА | КОНТАКТИ

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Добре дошли на страницата на Университет за пациенти!

Ние сме първата в България неправителствена пациентска организация, която ще обединява усилията на своите членове с цел предоставяне на информация и здравна помощ по темата за кардиологичните заболявания.

Национална ПАЦИЕНТСКА ОРГАНИЗАЦИЯ
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- ГИНЕКОЛОГИЯ

Новини

www.uni.npo.bg














Key elements of the program

Logos



Faculty courses so far

-  Osteoarthritis ;
-  Acute coronary syndrome;
-  Breast cancer;
-  Prostate cancer;
-  Tobacco control;
-  Diabetes type 2 (two faculties);
-  Chronic obstructive pulmonary syndrome;
-  hypertension;
-  Osteoporosis;
-  Rheumatoid arthritis;
-  Flu;



General data

- **Start of the program – 2012**
- **Number of patients in the program – over 8500 people;**
- **Number of medical specialists in the program – over 370 people;**
- **Specialists – neurologists, oncologists, endocrinologists, pulmonologists, infectologists, GPs, rheumatologists, nurses and other**
- **Locations – outpatient facilities, hospitals, schools, universities and other**
- **Types of trainings:**
 - Individual meetings
 - Seminar trainings
 - Follow-ups over the phone

